

Talking



Top 10 Tips

TOP 10 TIPS

Learning to talk is one of the most important skills your child will achieve.

You can support your child to become a good talker and a happy and confident child.

1. Talk to your child throughout the day about what you are doing – cooking the dinner, dressing your child. Talk about things you see e.g. when walking to the park or walking around a supermarket.
2. Talk about the things that your child shows an interest in, what they are looking at or playing with.
3. Talk in the language you know best, it doesn't have to be English.
4. Look at your child as you talk and give them time to respond to your talking.



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5. Listen carefully to your child and give them time to finish talking before you join in.
6. Respond to your baby's/child's babble and talking. This encourages them to talk more.
7. Children and babies love songs and rhymes, especially those with actions. Have a go and don't worry if you haven't got the best voice.
8. Take time out to cuddle up and enjoy a book together, read a story or talk about the pictures.
9. Watch the T.V. or a video together so you can talk about what happens.
10. Most important of all, have fun being together.



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If you have any concerns or questions about your child's development, talk to the Health Visitor

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